

# Hotel & Spa Experience

## Elemis Half Day Escape

5 hours - €110 per person

- **Welcome Drink**
- **Consultation**
- **Full Spa Access** (Indoor Pool & Infrared Sauna)
- **60-minute Elemis Treatment** choice of:
  1. Transformative Hot Stone Full Body Massage
  2. Freestyle Swedish Full Body Massage
  3. Advanced Facial with Restorative Head Massage
  4. Deep Tissue Tension-Ease Back Massage + Express Facial
- **Delicious Lunch** at The Grand Bar
- **Refreshments** at the Elemis Spa Lounge

**Who is it for:** Half Day Spa Escape, Relaxation Seekers

## The Grand Indulgence

9:00 - 18:00 - €170 per person

- **Welcome Drink**
- **Breakfast** at The Grand Bar
- **Consultation**
- **Elemis Treatment Totalling to 90-minutes choice of:**
  1. Full Body Massage + Express Facial
  2. Advanced Facial + Back Massage
  3. Body Scrub + Hot Stone Massage
- **Full Spa Access** (Indoor Pool & Infrared Sauna)
- **Lunch** at The Grand Bar
- **Refreshments** at the Elemis Spa Lounge
- **Afternoon Tea** at Level Nine Restaurant

**Who is it for:** Full Luxury Spa Experience, Relaxation Seekers

# Spa Facilities

## Spa Access

Includes Pool and Sauna

**Weekdays - Full Day - €35 / Half Day €25**

**Weekends - Full Day - €40 / Half Day €30**

**Children (up to 15 years) - Full day - €15 /**

**Half Day €10**

**Children (under 5 years) - free**

Children under the age of 12 must be accompanied by an adult.  
Children under the age of 16 are not permitted in the sauna.

Clients who book spa treatments valued at €40 or more enjoy a 2 hour complimentary access to the pool and relaxation area during their visit.

## Infrared Sauna Session

45 minutes (by booking only)

€20 per person

€35 per couple

**Who is it for:** Detox, Muscle Relaxation, Stress Relief

## POOL OPENING TIMES

Indoor pool (3rd floor): 10:00am - 7:00pm

Outdoor pool (4th floor): 9:00am - 7:00pm

## VOUCHERS

- Available for purchase as an open voucher or treatment/s of choice.

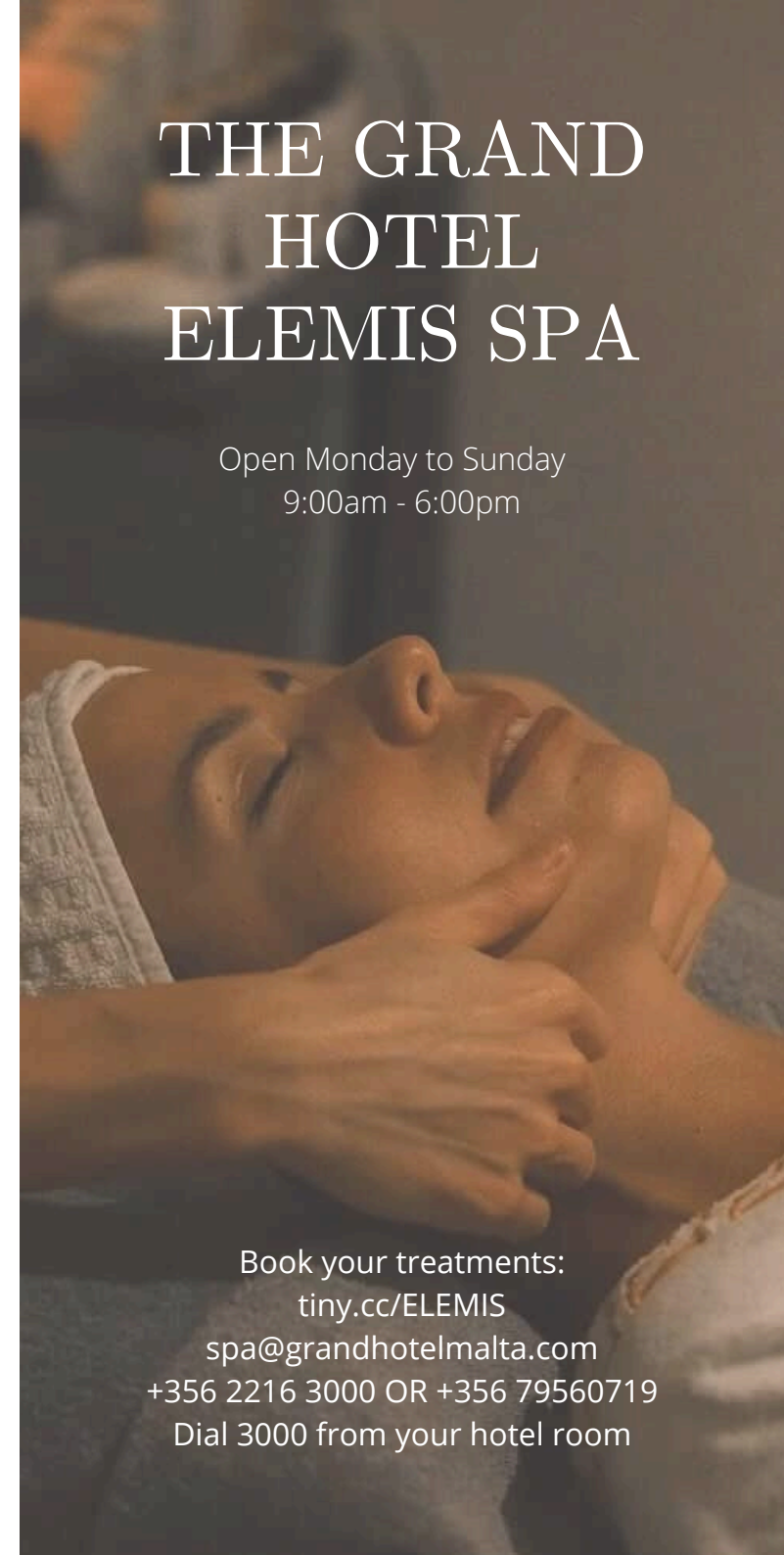
## PAYMENT

- Cash or card only.

- Room charge is not available.

# THE GRAND HOTEL ELEMIS SPA

Open Monday to Sunday  
9:00am - 6:00pm



Book your treatments:

[tiny.cc/ELEMIS](https://tiny.cc/ELEMIS)

[spa@grandhotelmalta.com](mailto:spa@grandhotelmalta.com)

+356 2216 3000 OR +356 79560719

Dial 3000 from your hotel room

# Spa Journeys

## Elemis Expert Face & Body Ritual

90 minutes €130 | 110 minutes €165 | 150 minutes €190

Restore, Rejuvenate & Renew  
Immerse yourself in luxury with this tailored treatment. Choose your own combination of face and body treatments or let your therapist prescribe the perfect treatment to leave you feeling restored from head-to-toe.

Build your treatment:

1. **Expert Touch Facial with Head Massage**  
30 minutes / 60 minutes / 90 minutes
2. **Deep Tissue OR Hot Stone Massage** 30 minutes / 45 minutes / 60 minutes
3. **Cleansing Salt Scrub** 45 minutes

Who is it for: Full-Body Relaxation, Skin Rejuvenation, Stress Relief

\* Treatment combinations are adjusted to fit the selected duration

## Grand Mediterranean Relax Ritual

105 minutes - €125

A luxurious spa journey beginning with a revitalising **Body Exfoliation** followed by a deeply relaxing **Full Body Massage**, leaving the skin glowing and the body completely restored.

**Who is it for:** Full-Body Relaxation, Skin Glow, Stress Relief

# Spa Journeys

## Spa Treat For Him

130 minutes - €160

A deeply relaxing spa experience designed to release tension and restore energy.

This treatment journey begins with a **Deep-Tissue Full Body Massage** to ease muscle tension and promote relaxation. An **Expert Touch Reveal Facial** follows to purify and refresh the skin, leaving the complexion revitalised. While the facial mask is processing, enjoy a **relaxing Head Massage** to further calm the mind and enhance relaxation.

**Who is it for:** Men Seeking Deep Relaxation, Muscle Recovery, Skin Refresh

## Spa Treat For Her

160 minutes - €180

A luxurious spa escape combining beauty and relaxation.

Begin with a **luxurious Pedicure** to leave the feet beautifully refreshed. Your experience continues with the **Expert Touch Nourish Facial**, a deeply hydrating treatment designed to replenish and protect the skin using nourishing oils.

To complete the journey, unwind with a **Deep-Tissue Back Massage** including a **relaxing Head Massage**, easing tension in the upper body.

**Who is it for:** Women Seeking Luxury Relaxation and Skin Nourishment

# Couples Getaway

## Couples Romantic Escape

240 minutes - €290 per couple

Perfect for couples celebrating a special occasion or simply sharing a moment of relaxation together.

Enjoy two **Freestyle Full Body Massages**, performed side-by-side to melt away tension and promote deep relaxation. This is followed by a **personalised Elemis Expert Touch Facial** tailored to each guest's skin needs. Your experience includes the use of spa facilities with a glass of prosecco to enjoy together.

**Who is it for:** Couples Special Occasions

**Choose a minimum of 2 treatments and make it romantic side-by-side experience**

### Add-ons:

- **Spa Facilities** - Free
- **Glass of Prosecco** per person - €7
- **Bottle of Prosecco** - starting from €25